

Statistics are easy to come by, but they often don't agree. That disagreement stems from rape being a silent crime. Those women and men who are raped do not report the offense because they are afraid to submit themselves to the trauma that goes with being publicly labeled as a rape survivor. Haverford College does surprisingly well at avoiding the stigmatization, if rape and sexual assault are entitled to remain silent should they however, the silence that goes with rape, makes the pandemic rape crisis seem less significant than it is. The National Victim Center's 1992 survey is viewed as one of the most accurate in recent history and paints a very different picture than either the US DoJ or the FBI's own reports.

**National Victim Center Statistics (April 23, 1992)**

**Estimated Number of Rapes in 1990**

Department's estimate	130,000 rapes
Victim Center's estimate	102,560 rapes
Victim Center's estimate	683,000 rapes

**1.5 rapes occur per day. One woman was raped every minute in 1990.**

The National Victim Center's estimate is 5 times the amount estimated by the Department of Justice Statistics. 12.1 million U.S. women have been raped, more than 10 million of them were 18 years old.

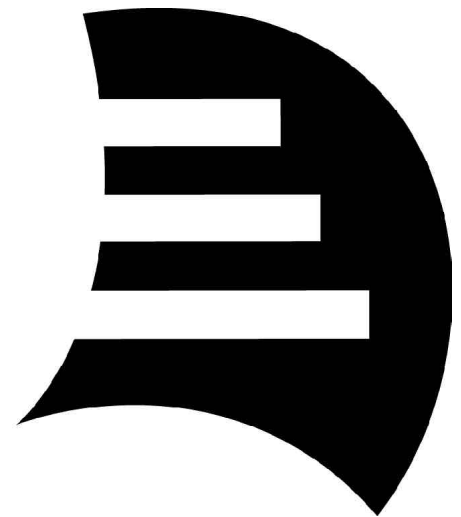
**Perpetrator Permits Rapes**

Acquaintance	
Family member	
Stranger	
Boyfriend/ex-Boyfriend/husband/ex-husband	
Not sure/refused to answer	
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By someone the victim knew personally	
By someone the victim did not know	

**Age (of 714 cases surveyed)**

Under 11	
11-17	
18-24	
Over 25	
Not sure/refused to answer	
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Occur before the victim turns 24	

**M.A.S.A.R**  
*men against sexual assault and rape*



**Men Can Stop Rape**

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! Against Sexual Assault and Rape (M.A.S.A.R. - pronounced "may-zer") is an group dedicated to three things: making rape a men's issue and not just a issue, educating the campus about that issue, and working as an activist group e positive change in the campus climate. We're a group of men who feel y that rape can be stopped, and that men are pivotal to accomplishing that

A.R. is a group that is very serious about what we do - as an activist group, ical campaigns, sponsor and co-sponsor activities with the women's campus, and speak out in public forums about rape as a men's issue. ip in M.A.S.A.R. is 100% voluntary and there are three ways to be involved. level of involvement is to be on our mailing list. The middle level is to be of volunteers who we draw upon to organize events. The highest level is to group's Steering Committee. Each level of involvement is independent of the f you're passionate about the issue of sexual assault, please come talk to us best to be involved.

Sincerely, The M.A.S.A.R. Steering Committee

### **Rape a Men's Issue**

ize the issue - think about ight react/feel if someone u (mother, sister, brother) or assaulted. ive - when others make or jokes that trivialize or e, firmly let them know that appreciate it. your own views and assump- i rape and sexual assault, and t and learn more about what iduals can do to stop rape. inist - being pro-feminist an hating men, but it does ing toward respect for

ive - the trauma of being th physical and psychologi- th can take years to heal. ved. Develop an opinion, out about it.

### **Actions Men Can Take**

- Being drunk is not legal defense to rape. We are responsible for our actions, whether we are drunk or sober.
- Be aware that a man's physical size and physical presence can be intimidating to others.
- Do not assume your partner's desire for affection is the same as a desire for sex.
- If a man or woman says "no" to your sexual advances, respect their statement at face value.
- Stay in touch with your sexual desires. Ask yourself if you're honestly hearing your partners desires. Do not let your own desires control your actions.
- Do not assume you both want the same degree of intimacy. Your partner might be interested in some sexual contact other than intercourse and there may be other kinds of mutually enjoyable activities.

### **Rape Culture**

Whether or not we as individuals are violent, we tend to support and encourage the men who rape, both by the actions that support a sexist s the inaction that indirectly condones the violence. If we work together ourselves and the men around us about the devastating effects of rape and assault and how we can eliminate the violence and sexist attitudes that p rape we can make it end.

If you feel uncomfortable confronting other men on sexist issues, g touch with other men who share your views. Build your confidence in h feel and learn how you can make an impact by being an example. Also, tion can be as simple as a "I don't think that's very funny" or a stern lo verbal confrontation isn't always the best method; it's important that yo comfortable afterwards as well.

Excerpted from <http://pubweb.ucdavis.edu/Documents/RPEP/culture.htm>

### **Helping A Friend**

Because rape takes control away from the victim, you should try no that control away again by taking action without the victim's permission possible, the victim should seek medical attention in the form of a Rape (much like a pap smear exam) within 72 hours. These exams will aid in conviction should charges be pressed (note: getting a rape kit does not r charges to be pressed!) Women should go to Bryn Mawr Hospital, not I Mercy Hospital, as HMH will not give the "morning-after" pill.

Of the utmost importance is providing emotional care and supp victim. Your friend has been violated, degraded and has probably lost tr people as a group. Here are some suggestions to help you help your friend

**Listen** - Let them talk about their experience and their feelings. Do ask for specific details, just be there to listen and/or sit quietly with them

**Support** - Tell them you care about them and how they're feeling. I by telling your friend that any emotions they're having are understanda normal - reassurance is key. Don't be judgmental about their actions bef during, or after the assault; remember that no one has the right to treat person the way your friend was treated.

**Care for yourself** - Recognize your own limitations and suggest tha friend talk with someone trained to help sexual assault victims. Don't pr feelings, such as anger, blame or frustration, onto them. You also shoul understanding from a friend or professional counselor - your feelings m

**The future** - Your friend may feel disturbed for weeks or months a assault. Many victims experience shock and disbelief, followed by fear, l ness, shame, anxiety and anger. Expect and be prepared for times of dep nightmares, and personality changes. It is important that they talk to a and sympathetic person.

Parts excerpted from <http://pubweb.ucdavis.edu/Documents/RPEP/friend.htm>